

# Raindrop Technique

## BALANCE THE BODY, REJUVENATE THE MIND

Raindrop Technique® combines the art of aromatherapy with the techniques of Vita Flex and massage in the application of essential oils to various areas of the body. It is a unique blending of ancient healing traditions, energetic medicine, intuitive wisdom, and pure essential oils. The collection of oils used during a Raindrop Technique session provides a revolutionary means of bringing balance and harmony to the body - physically, mentally, and emotionally.

The Raindrop Technique stimulates the body and mind, aids detoxification, balances energy, and promotes optimum physical and emotional health. It is a non-secular art and science.

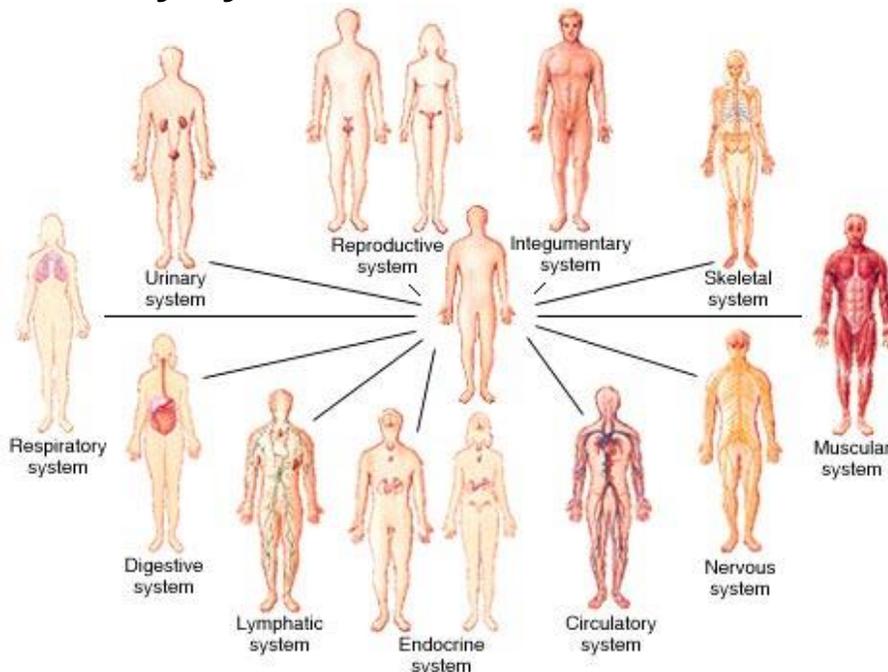
Raindrop Technique is a sequence of anointing with oils and laying on of hands that promotes electrical alignment to the body in a relaxing and invigorating manner through the power of essential oils. Most of the Raindrop oils are high in phenolic content to improve overall bodily function. Some Raindrop oils contain a variety of monoterpenes and sesquiterpenes to help maintain physical and emotional wellness.

## THE POWERFUL BENEFITS

### YOU MAY RECEIVE FROM THE RAINDROP TECHNIQUE

- Releases pent-up emotions
- Lifts your spirit
- Restores feelings of security and stability
- Balances your body's energy
- Restores calm
- Supports you spiritually

## Supports all bodily systems



*The Natural Therapies Certification Board (NTCB) is affiliated with The Center for Aromatherapy Research and Education, Inc. (CARE) - a non-secular educational organization dedicated to assembling research and disseminating information on the healing properties and therapeutic applications of essential oils and manages the training and certification for Certified Raindrop Technique Specialists and Board Certified Raindrop Specialists. The Raindrop Technique is a spiritual healing tool endorsed by the Spiritual Healers Licensing Board (ACHLB) and other spiritual healer licensing boards.*

# *Raindrop Technique*

**THE OILS USED IN RAINDROP TECHNIQUE MUST BE HIGH QUALITY THERAPEUTIC GRADE AND ARE AS FOLLOWS:**

**ENERGY BALANCING BLEND** (contains oils of spruce, rosewood, blue tansy, and frankincense in an almond oil base) This is an empowering blend that promotes feelings of strength, courage, and protection. This blend is also believed to support energy alignment.

**OREGANO** (*Origanum Vulgare*) The application of oregano in Raindrop Technique promotes a strong sense of comfort and relaxation.

**THYME** (*Thymus Vulgaris*) Steam distilled from the flowering plants in Spain, thyme has a spicy, warm, herbaceous aroma that is both powerful and penetrating.

**BASIL** (*Ocimum basilicum*) Generally used as a spice in cooking, Basil has a pleasing aroma and is steam distilled from the flowering plant in Vietnam and India. Raindrop Technique with basil oil brings feelings of relief and balance.

**WINTERGREEN** (*Gaultheria procumbens*) Wintergreen has a sweet, minty scent distilled from the fresh leaves in China. This oil is known for its soothing properties, particularly when used in Raindrop Technique.

**MARJORAM** (*Origanum marjorana*) Marjoram has a woody, spicy aroma that has a warm, calming effect. It is a relaxing oil that is great to use after physical activity, making it an essential addition to Raindrop Technique.

**CYPRESS** (*Cupressus sempervirens*) Cypress is a fresh, herbaceous, slightly evergreen aroma that is steam distilled from freshly cut branches of cypress trees in Spain. It refreshes, restores and promotes a sense of security and grounding.

**PEPPERMINT** (*Mentha piperita*) One of the oldest and most highly regarded herbs, peppermint essential oil has a fresh aroma that is energizing to give you a renewed feeling of vigor.

**Muscle Relaxing Blend** (contains oils of basil, marjoram, lavender, peppermint, and cypress) A key blend in Raindrop Technique, it combines lavender and peppermint essential oils to promote relaxation.

**Scented Massage Oil** (a vegetable oil base blend of wheat germ, grape seed, almond, olive, and vitamin E containing essential oils of wintergreen, juniper, marjoram, red thyme, vetiver, peppermint, eucalyptus, and lemongrass) Designed to provide a relaxing soothing experience this scented massage oil is a calming blend of vegetable oils and 100 percent pure essential oils such as wintergreen, peppermint, juniper, and marjoram.

**07/15 Obligatory Disclaimer:** Statements made here have not been evaluated by the FDA. Information shared is taken from documented sources based on scientific research as well as antidotal testimonies and is for informational purposes only. These products and services are not intended to diagnose, treat, cure or prevent any disease, illness or injury. Anyone suffering a serious disease, illness or injury should consult with a physician.