

# Transform Your Relationships!

## Breathing Simply Workshops

Breath Coach: Dawn Kirsch



WEDNESDAY, SEPTEMBER 19<sup>TH</sup>

7:15 PM - 9:00 PM

FRIDAY, SEPTEMBER 21<sup>ST</sup>

11:45 AM - 1:00 PM

Pre-paid registration is required. (12 student limit per class)  
Bring cash to Olla Terve or use the PayPal link. [OllaTerve.com](http://OllaTerve.com).

Suggested Donation: \$35-60



Transform your relationship with a friend, family member, loved one, colleague, etc.

OR

Transform your relationship with yourself so you can reach your highest potential.



**Olla Terve Healing Studio**

1091 East US Hwy 24, Woodland Park, Colorado

IS YOUR WORLD  
CLOSING IN ON YOU?

HAVE UNRESOLVED  
RELATIONSHIPS?

JOIN US TO  
CLEAR RESTRICTIVE  
BLOCKAGES AND  
RELEASE NEGATIVE  
EMOTIONS!

ESSENTIAL OILS AND  
WORKING WITH  
BREATH CAN  
TRANSFORM NEGATIVE  
THOUGHTS TO  
POSITIVE AND CLEAR  
THOSE HEAVY  
FEELINGS

FIND YOUR FREEDOM!

Dress in layers.

Bring pillows, blanket  
and water bottle.

[BreathingSimply.com](http://BreathingSimply.com)

[OllaTerve.com](http://OllaTerve.com)

Private individual sessions with Dawn are also available. Contact her directly at 605-376-6531.