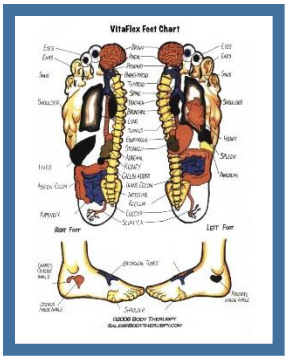
Ultimate Balance Workshop

Support Your Body on the Road Back to Health!



Tuesday, February 5th 11:00 – 1:30

"The body is about homeostasis, or in other words, balance: Balance of emotions, of systems, of energy, of chemical processes, or hormones, etc. When the body is in alignment, it begins to put itself into balance." LeAnne Deardeuff, DC

Smelling essential oils directly stimulates the limbic center of the brain so the brain can instantaneously deliver a stimulus to the organ/system that you wish to support. The brain will also start delivering its chemical messages and nervous impulses to the organ/system.

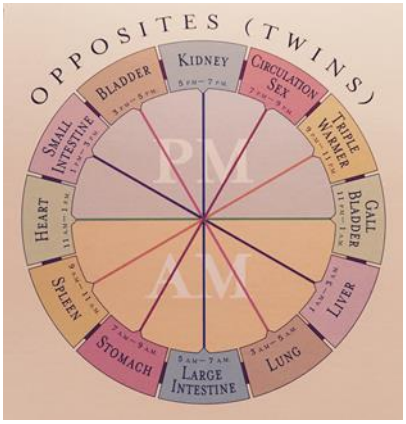
You will see that it doesn't take a lot of essential oil to support your body when you connect it electrically to the brain.

Part I - Finding Your Emotional Balance

Many illnesses and diseases begin with blocked or trapped emotions. Clearing emotional blocks may help to heal our bodies, minds & spirits. Use essential oils to clear emotional attachments to memories and generational programming.

Part II - Finding your Physical Balance

Learn how essential oils energize organs and systems using the frameworks of: Ideal Time of Day, Season of the Year, Chakras, Meridians, Opposite Organs, Emotions, Affirmations, Vitaflex Points, Organ Reflex Point, Neurovascular Points, and more.



Are you symptomatic at a certain time of the day?
Waking up at night? Cranky? Tired?

There is hope!
Learn ways to support your body on the road back to health!

Location: Olla Terve Healing Studio
1091 East US Hwy 24, Woodland Park, Colorado

Recommended Fee Scale: $15-15

Please Pre-Register with Linda via text/call 719.323.5957 or at OllaTerve@gmail.com.