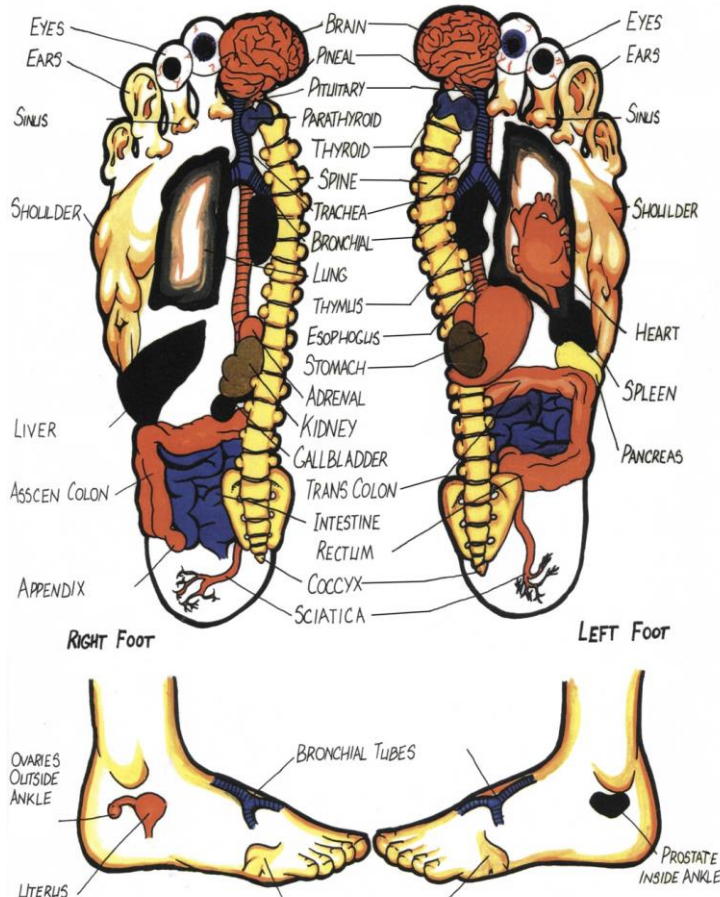


VitaFlex Feet Chart



VITALITY THROUGH THE REFLEXES

Saturday, January 26th 2:00 – 4:00 pm

VitaFlex Technique Workshop

VitaFlex is a specialized form of digital electrical stimulation using the pads and nails of the fingers in a rolling motion to fire voltages into the body through reflex points to induce currents along the nerve pathways. The molecules of essential oils are also electrical in nature as they move along nerve pathways, seek out imbalances, help to jump-start faulty electrical circuitry, and restore proper bodily function. Sickness is often the result of blocked nerve pathways.

www.OllaTerve.com

Plesae Pre-register. 719-323-5957 OllaTerve@gmail.com

Techniques for:
Head, Brain,
Sinuses, Heart,
Hips, Colon, Ears,
Lungs, Lymph,
etc!

\$15-25 Class fee
includes oils used
in class, printed
instructions, feet
and spine charts,
and hands-on
experience using
VitaFlex
Technique.

Location: Olla Terve

INSTRUCTOR:
LINDA KILPELA
CRTS, LSHC, HTSM-P

Founder of the Natural Nook
and
Olla Terve Healing Studios